



IMA FOCUS

Vol. 15, Issue - 5, February - 2025, Place Bengaluru, Monthly, English, Pages 28, Price. 1/-

Happy
Ugadi



**World
TUBERCULOSIS Day**

MARCH 24



**Happy
Women's
Day**

MARCH 8



**National
VACCINATION
DAY** MARCH 16



IMA-KSB President Speaks On 23rd of Every month On Zoom Platform
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Editorial

From the Desk of
Prof. Dr. S.M. Prasad

Dear seniors, colleagues and friends,

!! Greetings from IMA FOCUS editorial committee. !!

Happy to know that many of the viral infections in the community have decreased over the last few days. Now, all of us are heading towards the summer and need to be more cautious of the communicable diseases in the community and gear up for managing the issues of the summer season.

This month of March 2025, all of us have to celebrate Women's day-8th March, 2025(IWD-2025) at many IMA branches – Theme “For ALL women and Girls: Rights, General Equality”. Also, March 20th, 2025 we need to do activities on “World oral health day”. Oral health is related to overall health. It can affect not only in the form of tooth decay, bad breath, mal-occlusions, gum diseases, oral cancers but also stroke, upper & lower respiratory infections, communication, social commitments, etc.

Physicians in surgery and operative care, have larger overloads & longer working hours, which may be the primary cause of death. Incorrect stress relief manners also affect physicians' health, such as excessive alcohol consumption, smoking, and long-term energy drink consumption. Lack of exercise and obesity also increase the risk of acute myocardial infarction and stroke. Physicians usually neglect regular medical checkup themselves, which results in some potential diseases not being timely detected, such as hypertension, hyperlipidemia, and hyperuricemia. The incidence of sudden death was also closely associated with economic and social factors. Middle-aged physicians have heavy familial responsibilities, such as supporting parents, rearing children, and mortgage payments, which cause them to work harder. Deteriorated working environment, serious violence against doctors, and decreased patient–physician trust also intensified the sense of “burnout”. What as physicians to take care? We should regularly perform aerobic exercise or connect with families and friends for support, instead of excessive smoking and drinking. Besides, regular medical checkup is an effective approach to decrease the risk of some potential diseases such as coronary artery disease,

hypertension, and stroke. Government and media should help to improve the working environment and re-establish patient-physician trust, which may further decrease the sense of "burnout".

As medical professionals, we need to take care of the Holistic health of the family. Many of us become too busy and get involved too much in our profession. But the real life of a medical profession may vary from person to person

depending on so many conditions. It is high time that we need to socialize in a better way apart from our regular profession & academic conferences. Hence, make our professional persons in Karnataka to get enrolled into Life member of IMA & IMA Karnataka schemes thereon health & professional protection. Benefits of all those schemes also give protection to our family members. The Saga of "EACH ONE BRING ONE" should continue faster.

Jai Hind

Jai Karnataka

Long Live IMA



ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಪ್ರಾರ್ಥನೆ

ಎಲ್ಲರೂ ಸಂತೋಷವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ಆರೋಗ್ಯವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ನೋವಿನಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ದುಃಖದಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,
ಎಲ್ಲಾ ಆಸೆ ಆಮಿಷಗಳನ್ನು ಮೀರಿ
ಗುಣಪಡಿಸುವವರು ನಾವಾಗಿರಲಿ.

IMA PRAYER

May everybody be happy
May everybody be healthy
May everybody be free from pain
May everybody be free from sorrow
May we be the healing cure
Beyond every greed & lure

ಧ್ವಜ ವಂದನೆ

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜಕ್ಕೆ ವಂದನೆ ಸಲ್ಲಿಸಲು ಇಲ್ಲಿ ನಿಂತಿದ್ದೇವೆ.
ಅದರ ಗೌರವ ಮತ್ತು ವೈಭವವೇ ನಮ್ಮ ಬೆಳಕು ಮತ್ತು ಶಕ್ತಿ ಮತ್ತು ಅದರ ಪಥವೇ ನಮ್ಮ ಪಥವು.
ಈ ರಾಷ್ಟ್ರೀಯ ಸಂಸ್ಥೆಯ ಮಾನ್ಯತೆ ಪಡೆದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ಜವಾಬ್ದಾರಿಗಳನ್ನು
ಅರಿಯುವ ಮೂಲಕ ಅದಕ್ಕೆ ನಮ್ಮ ನಿಷ್ಠೆಯನ್ನು ತೋರಿಸುವ ಪ್ರತಿಜ್ಞೆ ಮಾಡುತ್ತಿದ್ದೇವೆ.
ದೇಶಸಮೂಹಗಳ ನಡುವೆ ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜವು ಉನ್ನತ ಮಟ್ಟದಲ್ಲಿ ಹಾರಾಡುವ
ಸಲುವಾಗಿ ನಮ್ಮ ಅಧಿಕಾರದಲ್ಲಿರುವ ಎಲ್ಲವನ್ನೂ ಅದಕ್ಕೆ ಸಮರ್ಪಿಸುವ ಪ್ರಮಾಣ ಮಾಡುತ್ತಿದ್ದೇವೆ.

ಜೈಹಿಂದ್

ಐ.ಎಂ.ಎ. ಚಿರಾಯುವಾಗಿರಲಿ



President's Message

Dr. V.V. Chinivalar

Happy Mahashivaratri to all the members of IMA KSB,

Mahashivaratri is a significant festival of Hindu's celebrates throughout India and Abroad. It symbolizes DEVOTION, DISCIPLINE and UNION OF SHIVA & SHAKTI. It is time to remember SHIVA by chanting 'OM NAMA SHIVAYA' and seek his blessings for inner peace, prosperity and spiritual awakening.

From January 13th to February 26th there was a grand MAHAKUMBA MELA which happens once in 144 years at Triveni Sangam of PRAYAGARAJ. More than 66 crore 30 lakhs people of not only from INDIA, even from ABROAD irrespective of caste and creed visited PRAYAGARAJ and took bath at Triveni Sangam. Many of our colleagues of IMA KSB also VISITED PRAYAGARAJ took bath & visited Varanasi Kashi Vishwanath mandir and AYODHYA Sri Ram temple.

Very sorry to inform you all that one of our IMA KSB member of RAICHUR/YADAGIRI - Director of Yadagiri Institute of Medical Sciences Dr Shankaragouda Ireddy Dermatologist lost him, a dedicated teacher.

IMA NATIONAL HQ has started special membership discount month from

15/02/2025 to 14/03/2025 by giving 25% discount. The Doctors who have not become the members, opportunity for them to enroll and get the benefit. From April 1st onwards there will be 15% increase in the fee. So all are requested to enroll early.

This month I visited Koppal medical college and addressed the Students also Koppal and HOSAPETE IMA branches informed them about membership discount, IMA & its Schemes, GST & National Hqrs. Building fund.

This month two SPORTS TOURNAMENTS conducted one IMA CRICKET for 40+ at Tumakuru. Mandya and Mysuru teams entered the final. Mandya team won the G R Viswanath trophy beating Mysuru. Dr Mohankumar was man of the series.

Second tournament was IMA TENNIS tournament held at Ballari Police Gymkhana under the banner of IMA Ballari. Nearly 70-80 IMA members took part in this tournament irrespective of age. Many veterans participated and won the medals. Our Vice President Dr Malavegowda participated and won the medal in doubles.

Congratulations to all participants, winners and sponsors.

Sports can help learn discipline, patience & how to handle failure. Sports enriches the social life of an individual. It develops skills, builds relationships with others in their and other teams. It will broaden social circle. So, everyone should be involved in one or the other games, walking, jogging and others to keep fit their health.

There was National Tuberculosis Elimination Program online to eradicate totally from our country. There was HPV VACCINE Program arranged by KSB, MSN and Serum Institute of India. More than 300 people benefited by taking vaccine.

There was webinar on Diabetic Foot Ulcer case presentation, presented by Vedika Verma 3rd year student from Government Medical College Bengaluru and moderator was Dr Pavan B M from SSMC Tumakuru. Many medical students benefited by this program. Most of the branches have conducted Cancer prevention and awareness & educative programs.

IMA Shivamogga branch is doing splendid work by conducting many programs for medical

students and its members under leadership of Dr. Vinaya Srinivas -Quiz competition, ವೈದ್ಯ ವೃತ್ತಿಯಲ್ಲಿ ಏಕೀಕರಣ ಪ್ರವೃತ್ತಿಗಳು- ವೈದ್ಯಕವಿ ಗೋಷ್ಠಿ and etc.

IMA Mangalore conducted Walkathon and awareness & educative programs on Cancer. On 2nd March there's a SWC meeting at our IMA LAND. I request all the working committee members to participate. On 8th March, DASS subcommittee is arranging a program to celebrate WORLD WOMENS DAY- a Jatha and honoring the eminent Women personalities at Bengaluru IMA KSB Bhavan. Please attend the programme in big numbers. On 16th March there's a WDW conference at Davanagere under the Chairmanship of Dr. Rajni. Please everyone attend and make it grand success.

I request all our branch Presidents & Secretaries to send their GST amount and National Hqrs building fund amount at the earliest.

Wishing you once again HAPPY
MAHASHIVARATRI

Jai Hind!

Jai Karnataka!

Long live IMA!

Obituary



Dr. Anil S. Hegade

KAR/1939/43/4/36415/1994-95/L

He was an active IMA member and served as IMA secretary and IMA president of Kumta.

Dr. Prasannashankar Shivappa

Past Sr. Vice President of IMA-KSB

KAR/83/56/1/6080/L

He was an active member of IMA Mysuru Branch and served as Hon. Secretary and President





Secretary's Message

Dr. Suriraju V.

"Talent win games, but team work win championship"

The past month has been a whirlwind of meaningful events and vibrant activities. We kicked off with the Republic Day celebration, which filled us with national pride. We paid tribute to the 1,600 healthcare heroes on National Martyrs Day, who lost their lives during the pandemic while saving countless others. I can't help but recall the challenges doctors faced with the scarcity of beds amid the COVID crisis. During those trying times, we at YKA came together to ensure that beds were available for our dedicated doctors in collaboration with Regal Hospital and the IMA.

We raised awareness for World Cancer Day with an inspiring walkathon, reminding us that nearly 60% of cancer cases stem from unhealthy lifestyles and obesity. Promising solutions like vaccines such as HPV and HBV can prevent certain cancers, and regular screenings play a crucial role. Hearing from cancer survivors at IMA Yelahanka was truly inspiring; they shared that, after treatment, they felt more energetic and optimistic about life.

I'm also proud of our HPV vaccination initiative in partnership with IMA MSN and the Serum Institute, showcased at IMA KSB, emphasizing our commitment to social welfare. As we prepare for our SWC meeting this Sunday, I'm excited for the wealth of ideas that will emerge to allow us to better serve our community. Our membership drive, offering a 25% discount, aims to encourage non-members to join us. I hope everyone takes advantage of this, and I'm confident that once they grasp the advantages of being part of IMA, they will wonder why they didn't join sooner.

Violence against doctors and hospital staff is still a big concern. I am happy that the state government is taking proactive steps; they are now introducing police protection and have instructed private hospitals to implement a panic button alert to connect to the local police station. I am thankful to the state government and Health Minister Shri, Dinesh Gundurao for responding to the IMA's call.

Let's rally together under the leadership of Dr. V.V. Chiniwalar to fortify our organization.

Jai Hind!

Jai Karnataka!

Long live IMA!



Vice President's Message

Dr. Suresh V Sagarad

Respected IMA members

Greetings from IMA KSB

Union budget was presented in the parliament and the proposed relief to middle class tax payers is a welcome move by the finance minister and was long due fulfilled. Tax reforms is an ongoing process and over last decades India has seen changing need demands and aspersions. Over the years Government as responded to them as per time and situation.

The total receipts other than borrowings and the total expenditure are estimated at 34.96 lakh crore and 50.65 lakh crore respectively. The net tax receipts are estimated at 28.37 lakh crore. The fiscal deficit to be 4.4 % of GDP. Around 1 lakh crore has been allocated to Ministry of Health and Family welfare. The share of health in the FY 26 budget increased marginally to 1.97% from 1.9% in FY 25.

But overall health allocation remained below 2% of the budget. Indian Medical Association has been demanding more allocation of budget to Health which will have both direct and indirect effect on Economy. However, the need is not fulfilled due to various compulsions of the successive governments. Governments have to take hard decisions if India as to become developed nation by 2047. Vikasit Bharath as no meaning if people are rich without holistic health.

Under the dynamic and visionary leadership of our President Dr V V Chiniwalar the state branch is moving forward in its goal. To fulfil the need we need to strengthen the association and the most important is to increase the membership. Let's all be part of the membership drive.

"Interpretation of the pathology of the living is the outstanding feature of the modern medicine" which requires the art and science of interpretation!

Jai Hind!

Jai Karnataka!

Long live IMA!

Kind Attention

Dear Esteemed IMA Member, Kindly Deposit the requested IMA Life Membership GST Amount of Rs. 700/- for single life and Rs. 1100/- for couple life to the following IMA KSB Account (if you have not paid the IMA life membership GST Amount) as soon as possible.

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Dr. V.V. Chiniwalar
President

Dr. Suriraju. V
Hon. State Secretary

Dr. Shankarnarayan K.G.
Hon. Treasurer

BRANCH ACTIVITIES

Branch : Ballari
President : Dr. Manik Rao Kulkarni
Secretary : Dr. Sangeeta Kattimani

On 22.01.2025 IMA BELLARY, WDW, OBG SOCIETY & FPI organized CERVICAL CANCER awareness and prevention programme to AKKANA BALAGA of Sandur town around 100 women took part. 50 pap smear for HPV DNA testing were done. Dr. Renuka Manjunath spoke on the topic and motivated for HPV vaccination. On 23.01.2025, organized CERVICAL CANCER TALK and motivated for HPV vaccination at RYMEC COLLEGE, around 250 college girls and college faculty attended the event 15 pap smear were taken. The talk was delivered by Dr ANUPAMA SUNDAR and DR LAKSHMIPA AVNA madam Programme was graced by MLC Sri Y M SATISH. Chairman of RYMEC Sri JANEKUNTE BASAVARAJ. Y M SATISH also assured of sponsoring HPV vaccination for Govt school girls very soon. On 24.01.2025, On the eve of NATIONAL GIRL CHILD 2025 EMPOWERING GIRLS FOR BRIGHT FUTURE interactive sessions with girls of Govt. school (girls high school) and Govt. PU girls college. Session was conducted by Dr. DIVYA BALASUBRAMANYAM, DR. ARUNA RAO madam. On 25.01.2025 SATURDAY, CERVICAL CANCER awareness and prevention with HPV vaccination programme at SGT College Programme was executed by DR JYOTI PATEL and DR PRANITA AJAY madam. On 25.01.2025, Ceremonial handing over of charge of our team (IMA office bearers) was done. In the photo left to right Dr. Mallikarjun, Treasurer, Dr. Harish P, Joint Secretary, Dr. Ravi Shankar, Installation Officer, Dr. Manik Rao Kulkarni, President, Dr. Bharath VJ, Vice President and Dr. Sangeeta Kattimani, Hon Secretary. 76th REPUBLIC DAY SWARNIM BHARAT: VIRASAT AUR VIKAS was celebrated by IMA Bellary by unfurling of our National Flag @ 8am in IMA HALL. IMA BELLARY AND DR K SUBBHA RAO MEMORIAL ENDOWMENT TRUST BELLARY organised endowment lecture on 26.01.2025 at SR FARMS @ 6:30pm Topic: Recent Advances in the Management of Solitary Thyroid Nodule by Dr Kasa Somashekar. On 28.01.2025, organized CERVICAL CANCER awareness and prevention with HPV vaccination programme at Vijayanagar Sri Krishna Devaraya University (VSK) Talk was delivered by DR SHIVKUMAR. On 28.01.2025, we handed over IMA KSSS cheque to Dr Rachana Govindaraj. On 30.01.2025, met Superintendent of Police Bellary today on Behalf of IMA Bellary, and thanked her and her team for shift and prompt action in kidnapping case of our Dr Sunil. Her role was very appreciable. On 12.02.2025, IMA BELLARY on INTERNATIONAL ANEMIA DAY rally was organized

from DC's office for ANEMIA Awareness in Bellary along with District Administration, District Health Dept., IAP Bellary, Paediatric Dept, BMCRC. On 17.02.2025, FPI IMA BELLARY Conducted Cervical cancer awareness programme and HPV vaccination promotion to HOME GUARDS Pap smear were done.

Branch : Bhadravathi
President : Dr. Swarnalatha M.C.
Secretary : Dr. Preethi J.M.

Cervical cancer awareness program was held at Bhovicolony. Causes for cervical cancer screenings tests and preventive measures were explained to the audience. Cervical cancer awareness for public by IMA, WDW and SOGS on 22 January. Dr Veena bhat spoke about causes of cervical cancer and pap smear screening. Dr Shobha spoke about HPV vaccination and management. National Girl child day was celebration at PHC Ashwath Nagar Importance of girl child Education and health of girl child and male to female sex Ratio importance was discussed by Dr Veena that Dr Gayatri with public. Cervical cancer awareness programme was held on 25/1/25 at Sadhana mahila yoga kendra of SR nagar Bhadravathi. Dr Veena bhat WDW. Chairman spoke about causes and symptoms of cervical cancer, IMA secretary Dr Preethi spoke about pap smear screening, WDW secretary Dr Shobha spoke about HPV vaccination, IMA president Dr Swarnalatha spoke about pain and palliative care of advanced cervical cancer. Republic day was celebrated on 26th January. Blood donation camp was organised by Taluk Hospital Bhadravathi and IMA Bhadravathi and our members actively participated and donated blood. Workshop on BLS ACLS and paediatric emergencies was conducted by Taluk Hospital Bhadravathi on 20th February and our secretary Dr Preethi organised the course, Dr Champa B V and Dr Basavakumar were the resource persons. 5. *Safe Motherhood and High-Risk Pregnancy Awareness Program (16th January)* On 16th January, Ashwathnagar PHC hosted an informative awareness program focusing on Safe Motherhood and High-Risk Pregnancy, accompanied by an Antenatal Yoga session. Dr. Veena Bhat, Dr. Swarnalatha, and Dr. Gayathri led the session, educating participants on the importance of prenatal care, managing high-risk pregnancies, and ensuring safe childbirth.

Branch : Belgaum
President : Dr. Sachin Mahuli
Secretary : Dr. Raghavendra D. Sagar

.On 05.02.2025, IMA working committee meet was

held, discussed about upcoming clinical meet, cooking competition, infrastructure IMA building improvement, grievance redressal cell nominee, mini CME organising. 60 members attended. On 14.02.2025 IMA BELAGAVI clinical meet was held at Adharsh palace hotel, Around 80 people attended. Resource person Dr. Sunil Udgire Paed oncologist and BMT physician and Dr Karthik Surgical Oncologist (Sparsh hospital).

Branch : Bengaluru
President : Dr.Vijayanand.S
Secretary : DR.K.M.Mahesh

On 26.01.2025 Republic Day was celebrated with Flag hosting at 9:00 am IMA House. On the same day for the first time we celebrated Kannada Rajyotsava in a unique way. We felicitated three renowned doctors who have contributed for kannadaliterature, arts and culture namely Dr. C R Chandra Shekhar, Dr Saroja and Dr. Hanumanthappa with kannada Keerthi award. The program was presided by president and with chief guest as Prof HI chi Boralingaiah and guest of honour as Dr. Someshwara. Then followed by Kannada quiz conducted by Dr.Chandra Sheker and someshwara. Later we had Cultural programs whole day. On 30.01.2025 National Leprosy Day was celebrated. On this occasion, we distributed fruits, sweets, sarees, caps and shawls to around 35 patients at Leprosy Hospital, Binnipete, Bengaluru. The same Martyrs Day was observed for Covid Martyrs Day in a befitting manner. On this occasion, our branch paid the respect by lighting the candles evening at Venue: IMA House. It was attended by IMA KSB Treasurer, our president and Secretary. We requested other members of our branch to light candles in their institutions between 7 PM and 8 PM as a mark of respect. We joined hands to pay tribute to our brave colleagues who made the ultimate sacrifice in the service of humanity. On 04.02.2025 World Cancer Day, IMA Bangalore Branch in association with IMA KSB, ORGANISED a Walkathon, Press Conference, and Medical camp to raise awareness about cancer prevention, early detection, and the importance of a healthy lifestyle. We started at Time: 9:30 am and en Route: IMA House-Minto Hospital Circle-Makkala Kuta Circle- KIMS Hospital Circle-BMC at back to IMA. The event was joined by Govt Nursing College, Blossoms Nursing college, Dasappa HOSPITAL, Regal Hospital and other volunteers. It was a successful event. Press Conference Was Held In Association With Apollo Hospital Cancer Care Team. In IMA Auditorium Chamarajpet, With A Tagline Unify To Notify In The Presence Of President Dr. Vijayanand, Secretary Dr Mahesh, Dr. Anantramaiah Vice President, Dr

Dinesh Madhavan, President Of Group Oncology, Dr Manish CEO, Karnataka Region And Dr Vijay Lead Consultant Medical Oncology. Medical camp was conducted by at Srinivasam cancer care multi-specialty Hospital, Bangalore. Between 10.00am to 3.00 pm. More than 100 people participated in the camp. 50 patients were felicitated. Around 20 were screened. It was a wonderful event. CME programme: IISC scientists along with doctor at Bangalore developed a medical device to treat acute liver failure patients without needing for liver transplantation. It is a device similar to dialysis machine and it uses co culture of hepatocytes and show promising results and DGCA has given permission to conduct clinical trials. Speaker: Dr. Mahesh Gopasetty, Consultant, Liver Transplant & HPB Surgeon on .12.02.2025 Topic: A Talk on new innovative device to treat Acute Liver Failure. On 16.02.2025, Public Health Guest lecture was conducted Guest lecture was delivered by Dr. Sunil Christopher on the topic ಪೃಥಯರೋಗ-ಅಪಾಯಕಾರಿ ಅಂಶಗಳು and another Lecture was delivered by Dr. Aruna. R on topic ಸ್ವನ ಕ್ಯಾನ್ಸರ್-ಭರವಸೆಗಳು. Members attended by around 75 participants.

Branch : Chikkaballapur
President : Dr.K.R.Ananthu
Secretary : Dr.D.R.Narasimha Murthy

On 30.01.2025, Conducted a Free "Multispecialty Mega Health Camp". On Occasion of "COVID MARTYRS DAY", 180 patients got benefitted by the Camp. On 10.02.2025, Conducted a "Patient- Provider meeting". All the TB patients who are on ATT were provided with 500gms Protein powder as nutrition supplements support. On 19.02.2025 Karnataka Brain Health Initiative (KaBHI) Training / Workshop Program for ASHAs. In Association with NIMHANS for created awareness regarding Identification, initial management and Referral of cases of Epilepsy, Dementia, Stroke and Headache.

Branch : Gadag
President : Dr.Pavankumar N. Patil
Secretary : Dr.Tukaram M. Sori

On 23-01-2025, BLS and CPR instructions conducted at K V HACHINAL COLLEGE OF NURSING Gadag in association with IMA GADAG, IMA RAICHUR AND LIONS CLUB OF GADAG-BETEGERI. Nearly 100 nursing students attended the sessions and Dr Ramanagouda sir very presented the program in English and Kannada. On 24-01-2025, National Girl child day celebrated at nursing auditorium RMSS institute of nursing Hulkoti and guest lecture by Dr Swetha Sankanoor. This function was conducted with in association of IAP. Dr S R Naganur, Dr

Krishnaraddi Hooli, Dr Shivangouda J, Dr Jitendra, Dr Tejasvini Hiremath, Dr Shilpa Dhaduti were present. On 25-01-2025, VBD conducted at BalaVinayaka School, 40 units of blood collected. On 26-01-2025, 76th REPUBLIC DAY celebrated in IMA BLOOD BANK and in IMA GADAG premises. Around 40 IMA members of were present. Dr G B Bidinhal was felicitated by District incharge minister Shri H K Patil district in charge minister and district administration. On 30-01-2025, we observed Covid Martyrs day at IMA Gadag, Dr G B bidinhal spoke about the courage dedication and sacrifice of Doctors during the COVID period. Gadag has lost, Dr S N KARUR and Dr. Basavaraj from Mundargi during the Covid pandemic. We honoured Dr Sonia Karur on this day of covid martyrs day. On 31-01-2025, in association with Gadag Dermatologists Association, Gadag conducted continued medical education program on Sunscreen and Photo protection, Speaker Dr. Saroja Patil MBBS MD (skin and VD) and Topical management of acne: what's new!!! Speaker: Dr Apoorva S Reshme MBBS MD (skin and VD). On 08-02-2025, VBD conducted at Anjuman College and 19 blood units collected. On 13-02-2025, on the event World Cancer Day HCG HUBBALLI and IMA Gadag in association with KSC ASI Gadag conducted continued medical education program. Update in Surgical Management of breast cancer Speaker: Dr Rudresh Tabali Consultant Surgical Oncologist HCG HUBBALLI, Radiation therapy in Breast cancer speaker: Dr Milind Shetti Sr. Consultant Radiation oncologist HCG HUBBALLI and Chemotherapy in Breast cancer speaker: Dr Shrikant Consultant Medical Oncologist HCG HUBBALLI CHAIRPERSON. Dr. Ajay Raju Consultant Surgeon CSI Hospital Gadag.

Branch : Gangavathi
President : Dr.A.S.N.Raju
Secretary : Dr.Nagaraj

On 08.02.2025 CME was conducted at IMA bhavan Gangavathi by Dr Shashank Kari, CTVS Surgeon, Mandakini Hospital on "Vascular surgery, its role in today's practise". On 09.02.2025 In association with Yashodha foundation has conducted health camp for screening of Diabetes, Hypertension and Osteoporosis for 150 patients at Yashodha Hospital, Gangavathi. On 19.02.2025 Free ENT screening by ENT specialist Dr Avinash Padmashali and audiological testing was conducted at Mangaluru CHC, Koppal district in association with IMA Gangavathi and health and family welfare, which was attended by around 140 people across all age groups. On 22.02.2025 An Anemia Awareness drive campaign was conducted by IMA Gangavathi, IAP Vijayanagara Branch and Lions club Gangavathi at MNM High School, Saroja Nagar for more than 250 students and staff

Branch : Harapanahalli
President : Dr. K.M Nusrath Ulla Khan,
Secretary : Dr. Harsha G. V.

On 17.01.2025 Blood Donation Camp was conducted. In association with Indian Red Cross Association at Shivakrupa Hospital, Harapanahalli. The event witnessed enthusiastic participation from IMA office bearers, donors, volunteers, and healthcare professionals.

Branch : Hassan
President : Dr. Shriranga Dange
Secretary : Dr. Shivprasad C

On 30.01.2025, A health education camp on the eve of road safety awareness month was conducted for the KSRTC employees at the KSRTC depot, Hassan. Dr. Divya Shree elaborated on the first aid skills and brief talk on life support - CPR. Dr. Shivprasad spoke on the vision related problems endangering road safety and explained importance of annual eye checkups. Dr. Nisar Fathima explained about use of seat belts and helmets to reduce the life threatening events during road traffic accidents. On 26.01.2025 Republic Day was celebrated. Flag unfurling was done on the 76th Republic Day at IMA premises, Hassan in association with Indian academy of Pediatrics. More than 40 doctors attended the event. On 30.01.2025, On occasion of Covid martyrs, lighting the candle was done at IMA premises.

Branch : Haveri
President : Dr SN Marekkanavar
Secretary : Dr Chinmaya Kulkarni

Newly built IMA building opening function was held on 19-01-2024. Function was graced by Ma, Ni, Pra, Shri Sadashiva Swamiji of Hukkeri Mutt. Dr V V Chinivalar and Dr Madhusudhan were chief guest. Function was presided by Dr S N Marekkanavar. Shri M C Kunnur, Shri Neharu Olekar, Shri Shivaraj Sajjanar attended the function as special guests. Senior doctors of Haveri Dr Vijay Hiremath, Dr Pushpamala Lodaya, Dr S R Goddemme, Dr B D Sakhare, Dr S N Marekkanavar, Dr Veena Vaidya, Dr J R Gudi, Dr S V Horadi, Dr S L Balehosur, Smt Swati pandit were felicitated for their contribution to medical field and service to society. Dr S N Handral accompanied the guests. Dr Chinmaya Kulkarni welcomed the guests, Dr Girish Malladad did introductory speech, Dr Pramod Heggeri did vote of thanks. Dr V V Chinivalar sir and Dr Madhusudhan sir spoke about importance of ima membership, advantages of various schemes. CME was organised in association with synergy health care and Veerapur multispeciality hospital on 17-01-2024. Dr B G Veerapur and Dr M C Turakani spoke about facilities available at

centre. Dr Rohit R, Dr Sidram Kamate ,DrGurupadappa were guest speakers.

Branch : Holalkere
President : Dr.H.S.Shivanna
Secretary : Dr.Manjunath

IMA Holalkere branch conducted cancer and Anaemia awareness to women yoga association, participated 26 women and 6 male. In association with Indiana heart hospital, Blood sugar and BP checked.

Branch : Hubli
President : Dr. Prabhu Biradar
Secretary : Dr.Rajashekhar Dundaraddy

On 24.01.2025:IMA Hubballi branch in association with KLE JGM Medical College at KLE Cooperative Hospital, Hubli, IMA WDW conducted a Cervical and Breast cancer screening for Asha workers. A total of 97 Asha workers were screened. President Dr.Prabhu Biradar and a team of doctors led by Dr. Shobha Bembalgi, Dr. Udayashree, Dr Lata Mankani, Dr Supriya Bannikop, Dr Shweta Vernekar and Dr Ayesha Didagur examined the Asha workers and performed PAP smears on all of them. Mammography were conducted after clinical examinations if needed. On 26-01-2025: 76th Republic Day was celebrated at IMA House. President Dr.Prabhu Biradar Hoisted the Indian National flag. Secretary Dr.Rajashekhar Dundaraddy, Treasurer Dr.Manjunath Nekar, Chairperson IMA WDW Dr.Shobha Bembalgi, Secretary Dr.Asha Patil, Past IMA Presidents and other members were present. 55 members attended. On 18-02-2025: Fourth IMA Hubballi Monthly CME for the year 2024-2025 was held at IMA House, Hubballi. Dr. Narayan Hulse MS, Director-Orthopaedics & Joint Replacement Surgery Fortis Hospitals, Bannerghatta Road, Bengaluru spoke on Joint Replacements - Robotics and beyond. 100 members attended the CME. On 18-02-2025: The 4th Monthly meeting of IMA Hubballi branch for the year 2024-2025 was held at TIMA House, Hubballi. Around 85 members attended the meeting. On 19-02-2025: In association with District Health Office, Dharwad organised a Food Safety Awareness programme at IMA House, Hubballi for Food business operators and public. Dr. Virupaksha Mudenur, President Dr.Prabhu Biradar, Dr V.B.Nitali, Prakash Mallapur, B.R.Patrot, K.K.Chavan, Javed, Altaf Zari spoke about health hygiene, food safety and standards rules, licence, preparation of food maintenance and cleanliness, disposal of waste, potable water supply, use of prescribed edible oil, banning of ajinomoto, colours, and washing of vegetables with salt water before use. More than 75 Food business operators and public attended the programme.

Branch : Jamkhandi
President : Dr.H.G.Daddi
Secretary : Dr.Biradar

On 30.01.2025 Covid Martyr's Day observed in all the Hospitals. On 05.02.2025 World Cancer Day observed in local Nursing College. Poster presentation done by nursing students. On 07.02.2025. General body meeting was held. On 07.02.2025 Attended meeting with Dist – Health & I,W officer and Asst. Commissioner. On 18.02.2025 IMA members donated Rs. 1 Lakh to Ranna Vaibhav (Mudhol)

Branch : Kadur-Birur
President : Dr Chayapathy ST
Secretary : Dr G Pradeep

On 26.01.2025 Celebrated "REPUBLIC DAY" hoisted flag and distributed sweets to the gathering

Branch : Kumta
President : Dr.Roopalis Mankikar
Secretary : Dr.Prasanna Nayak

On 17.01.2025 PCOD awareness camp was conducted by IMA Kumta in association with Rotary Anns Club. speaker Dr Roopali S Mankikar.Programme was attended by 50 to 60 people. On behalf of departed IMA member late Dr Anil Hegde kumta,our branch conducted condolence meet to show our respect and gratitude.

Branch : Koppa
President : Dr.Anitha N. Rao
Secretary : Dr.Sania Sabahi

On 15.02.2025 CME was conducted on "Anorectal disorders" at IMA Hall Koppa by Dr Ravishankar. Nearly 100 people including family members attended the CME. On 17.02.2025 Bone marrow density camp was conducted in association with Lions Club Koppa Sahyadri. Nearly 65 members benefitted. Calcium tablets were distributed to the needy. Dr Anita N Rao gave a talk on Healthy life style and when to approach a doctor. Diabetic awareness pamphlets were distributed to the people on the same occasion. On 22.02.2025 Mega health camp was conducted at Gunavanthe Higher primary school on the occasion of 75th anniversary of the school. Nearly 150 patients were examined. Blood sugar, ECG tests were done for 50 patients. Blood donation camp was conducted on the same day and 35 units of blood collected.

Branch : Mandya
President : Dr.T.N.Marigowda
Secretary : Dr.M.Vinay

On 26.01.2025, Republic day was celebrated. It was

Branch Activity Gallery



Ballari



Belgaum



Bengaluru



Chikkaballapura



Gadag



GANGAVATHI



Harapanahalli



Hassan

Branch Activity Gallery



Branch Activity Gallery



Nelamangala



Raichur



Shimoga



Sirsi



Tumakuru



Udupi



Yelahanka



Bhadravathi

President visit to Local Branches



President Addressed Koppal Medical College UG Students



Koppal



President visit to Fortis Hospital



Hosapete



President Dr. V.V. Chiniwalar Participated in Association Surgeons of India Karnataka Chapter Conference at MYSURU

held in IMA hall Mandya. Flag hoisting was followed by singing the national anthem and sweet distribution. On the eve of 76th Republic day celebrations DR Jagadeesh Kumar PM is being felicitated at his home town Madikeri by Kodagu IMA in the field of Medical services by Kodagu District incharge Minister Bosaraju and Kodagu MLA Dr.Manthargowda and Kodagu IMA President Dr Mohan Appaji. On 30.01.2025,Covid martyrs day and world leprosy day commemorated by candle vigil by hospital and nursing home staff and awareness talks. On 04.02.2025 Walkathon from DC office to Sanjay talkies on the occasion of world cancer day to spread awareness. On 05.02.2025 General body meeting to conduct state level singing competition for IMA state members Motion accepted. On 10.02.2025, International Epilepsy day Health education and screening camp in MIMS Mandya. On International anemia awareness dayScreening camp held in NCD section of Govt. Hospital. Awareness about anemia to school children by IMA members. On 17.02.2025Mandya IMA lions cricket team are champions of Dr.G.R.Vishwanath trophy held in Tumkur. Dr Mohan , captain was man of match

Branch : Mangaluru
President : Dr. Jessy Maria D'Souza
Secretary : Dr. Archana Bhat

On23.01.2025National Girl Child Day was conducted. The sameCME on "Cervical Cancer Awareness". byDr. Guruprasad Bhat, consultant Oncologist, Kanachur Institute of Medical science Mangalore. The function was celebrated at Dr. A V Rao Conference hall, Mangalore. Following the programme there was Cervical Cancer vaccination Drive for all the registered candidates. Cervical cancer Vaccination at nominal rates for given to the registered lady candidates by the company. Also as a mark of National Girl Child Day there was Painting and Essay competition held at various schools at Mangalore and the best three paintings and Essay were given prizes in view of National Girl Child day for the 3 girl participants from different school. All the participants who participated in the painting and essay competition were given participatory certificate on that day. On 26-01-2025 IMA Mangaluru branch along with IMA Charitable Trust had Republic day Flag hosting ceremony at 8.00am. The chief guest Dr. B K Shivprasad Rai, Consultant Surgeon, Prof of Surgery KMC Mangalore, Honorary Surgeon Govt. Wenlock Hospital, Mangalore.Flag was hosted by Dr. Jessy Maria D 'Souza, President IMA Mangalore.. **BRANCH MEMBERS ACHIEVEMENT:** Author Dr. Archana Bhat and Co Author Dr. Smitha Bhathave published a book Gamification and Digital Tools in Medical Education. Dr. Shwetha Kamath, published an article on Blood Groups &

Donations in Vishwavyapi Journal, January issue. The Treasurer of IMA WDW, Dr Nageshwari has been elected as the President of JCI, Mangaluru, Impact. We wish her All the Bestin her leadership role as President. Public Awareness Programme: Dr. Prathima Prabhu, consultant Gynecologist gave an awareness talk on Relation between Journey and Abortion at Arogya Deepasession on Daijiworld TV. Dr. Aruna Yadiyal, Prof of psychiatry at Father Mullers Medical College published an article on Grief Management in children titled "Savina Bhaya" in Sudha Magazine. The article aimed at creating awareness in general public about the effects of death of near and dear ones on growing children and how to overcome such situation. Dr. Aruna Yadiyal also published an article in Teachers Magazine on "How to face Failures in Exams".**MOMENTSOFJOY:**Dr. Archana Bhat, Prof of Medicine at Father Muller's Hospital Mangaluru, & Dr. Nishitha Shettian Fernandes, consultant Obstetrician & Gynecologist will be representing India at the Miss Independent International pageant to be held at Manila, Philippines on 16-02-2025.

Branch : Nelamangala
President : Dr.M.Jayaprasad
Secretary : Dr.S.Rajendra Prasad

On 22.01.2025,CME programme was conducted. Dr. Pavana, Consultant Psychiatrist, Akshaya Medical Centre, Vidyaranya Pura, Bangalore. Spoke on: "Mental Health and Stress Management in Everyday Practice".

Branch : Raichur
President : Dr. ShriShailesh Amarkhed
Secretary : Dr. Sushrit A. Neelopant

On 26-01-2025, Republic Day celebrations commenced with the flag unfurling at 9:00 AM by Dr. ShriShailesh Amarkhed, President of IMA, Raichur. A blood donation camp for doctors and hospital staff collected over 25 units. The evening celebrations featured quiz, painting and fancy-dress competitions for children. IMA and Raichur Tax Bar Association organized an exciting Box Cricket Tournament at Victory Cricket Ground, Raichur. The event fostered camaraderie between medical and legal professionals. Dr. Taranath won Best Batsman, and Dr. Sunil Kumar secured Best Bowler. IMA Raichur and IMA Gadag jointly organized a Basic Life Support (BLS) Workshop in Gadag on 27-01-2025. The session was conducted by Dr. Ramangouda, providing valuable hands-on training and essential life-saving skills to participants. IMA Raichur was invited by Shri G. Kumar Naik, MP, Raichur on 28-01-2025. IMA Raichur organized a Basic Life Support talk in Raichur on 29-01-2025. The session was conducted by Dr.

Ramangouda, providing valuable information and essential life-saving skills to general public. A divine gathering for doctors was organized 02-02-2025, featuring a special address by Rajayogini Brahmakumari Radhika Akka and Rajayogini B.K. Smita Akka from Brahmakumaris, Raichur. Shri N. S. Boseraju, Honourable minister for Minor Irrigation and Science & Technology inaugurated the event. Brahmakumari Radhika Akka's profound discourse on "Inner Peace" deeply resonated with attendees, offering valuable insights on achieving harmony in daily life. On 08-02-2025, the Pollution Control Board, in collaboration with IMA Raichur, conducted a Biomedical Waste Training Program for the staff of all private hospitals in Raichur. The session aimed to enhance awareness and compliance with proper biomedical waste management practices, ensuring environmental safety and public health. The Indian Medical Association, Raichur, in collaboration with the Indian Academy of Pediatrics, Raichur, successfully organized a workshop on "Handling Different Aspects of Adolescents". Renowned experts, including Dr. Preeti Galagali, Dr. Yatesh Pujar, Dr. Shreelakshmi G, and Dr. Mallesh Gowda GS, led insightful sessions. The workshop concluded with group counselling and a Q&A session, fostering meaningful discussions. Attended by healthcare professionals, teachers, parents, and others, the event provided valuable insights and practical guidance, making it a highly successful initiative.

Branch : Shivamogga
President : Dr. S Sridhara
Secretary : Dr. Vinaya Srinivas

On 21-01-2025, a health talk on 'Health care after fifty' was held for the members of Bhoomika Ladies Association. On 22-01-2025, we observed road safety week with a lecture on "Traffic Rules" by Sri Srinivas K L from traffic police dept for the students of Govt High School, Ayanur. In the same platform in view of National girl child day, talks on 'Nutrition for Adolescent girls' as well as on 'Menstrual Hygiene' were delivered by Dr Bhagyashree Kathari and Dr Nivedita Hegade. On 24-01-2025, in view of National girl child day, team arranged a talk on first aid, nutrition and menstrual hygiene by Dr Shwetha P C for students of Govt High School, Purudal. On 26-01-2025, we celebrated 76th Republic Day with great enthusiasm and patriotism. On 28-01-2025, team conducted a health programme at Kasthurba High School where in our members Dr K S Shubrata and Dr Sonia Amith Kumar delivered lectures on adolescent health and menstrual hygiene. On 30-01-2025, team joined hands with District administration for a walkathon on the occasion of World Leprosy Day. On the same day team observed Covid Martyrs Day and offered prayers for

departed souls. On the same day, team visited Lower Primary School, Nidhigeto educate students about importance of oral hygiene. On 01-02-2025, team uploaded a video on Obesity in IMAShivamogga YouTube channel. On 1st and 2nd of February, team in association with Malnad Ophthalmic Association organised a mega eye check up camp for auto rikshaw drivers of Shivamogga town. On the same days, members of IMA Star gazers club under the guidance of past president Dr Parameshwar D S visited Astropark near Haveri and enjoyed learning about various stars and planets. On 04-02-2025, in view of World Cancer Day, team organised a walkathon, health talk on breast cancer screening for women staff of police department, lectures on cancer awareness for members of IDA and staff of Nanjappa Hospital by Dr Swati, Dr. Aparna Sreevatsa and Dr Namrutha Udupa respectively. On 03-02-2025, a health talk on 'Various Radiological investigations' by Dr Arun M S was broadcast on AIR as a part of IMA sponsored health series lectures. On 10-02-2025, a health talk on 'common Respiratory symptoms among children' by Dr Rajaram U H was broadcast on AIR. On 13-02-2025, on the occasion of 'World Anaemia awareness day' team organised a cyclothon to create awareness among public. On the same day we arranged a health talk by Dr Sonia Amith Kumar on anemia for students of Maruti P U College at Holalur. On 13-02-2025, team visited senior member Dr Rangappagowda at his residence and spent memorable time with him. On 15-02-2025, IMA Shivamogga MSN conducted quiz for medical graduates for two medial colleges of the town. On the same day we conducted a cultural programme exclusively for members of Shivamogga OBG society. On 16-02-2025, a unique session of Kannada poem recitation ಕವನೋತ್ಸವಿ was held in association with Kannada Sahithya Parishad. On 17-02-2025, a health talk on 'Thyroid disorders' by Dr Praveen Kumar Devara bhavi was broadcast on AIR as a part of IMA sponsored health series lectures. On 20-02-2025, team released a special YouTube video depicting achievers in the area of physical fitness among medical professionals.

Branch : Sirsi
President : Dr. Krishnamurthy G Hegde
Secretary : Dr. Shreeshruthi Hegde

On 23.01.2023 Eye health check up camp was held at Tattisara society, Sirsi in association with Gandharva Speciality Eye Hospital, Sirsi. Over 100 beneficiaries were screened for eye diseases by Dr. Shreeshruthi A Hegde and spectacle prescription given for those with refractive errors. On 25.01.2025 Late Dr. T Narayan Bhat memorial lecture was held. In association with Eeshwari Vidyalaya, Sirsi. Renowned Plastic surgeon from Mysore, Dr. Narayan

Hegde addressed the gathering consisting of doctors and their family about medical profession and stress – importance of Rajayoga and meditation. Yoga program-Suryanamaskara was held for general public in association with Uttara Kannada District Yoga Federation- Rotary club Sirsi- Senior chamber international- Sirsi Marikambaligen, on occasion of Ratha Saptami on 4th of February. Dr. Dinesh Hegde educated the crowd about the importance of Suryanamaskara and Yoga in Health and Healing. Education- awareness- task force meeting regarding KFD held on 11th of February by Taluk health office. THO, Dr. Vinayak Bhat Kanni educated the doctors and nursing staff about KFD disease per se and reporting/ necessary action to be taken in a suspected case. National flag was unfurled by the President, IMA Sirsi, Dr. Krishnamurthy Hegde on 26th of January on occasion of Republic day. Dr. Krishnamurthy Raysad spoke about the very important work done by the constitution committee under the leadership of Dr. B R Ambedkar in studying the constitutions of several other countries and incorporating the best in India. Covid Martyrs day was observed on 31st of January at IMA Seva Prathistana in the evening. Dr. Krishnamurthy Raysad addressed the gathering about the sacrifice of the frontline workers including the doctor population. 1min silence was observed as a part of condolences and prayers to the martyrs. CME was conducted on 15th of February on occasion of world cancer day on the topic Newer Paradigm in Oncology – ‘More is less, Less is more’ Renowned oncologist Dr. Vishwas Pai educated the gathering regarding the newer trends in Cancer management. Dr. Maitreyi Patwardhan got 3rd prize in Paper presentation at Haematocon, 18th of January in Mumbai. Dr. Vishwanath Ankad educated the audience about digital eye strain in Annual music event of Sharadi Nrutya School, at Rangadhama, Sirsi on 25th of January. . Mukund Patwardhan was felicitated for his achievements in the field of medicine by Urban Co-operative bank during their anniversary celebration. Dr. Ajey Hegde and Dr. Shreeshruthi Hegde were conferred with Global achievers award by Vishwavani news on 1st of February in Muscat, Oman in a felicitation ceremony organized in association with Kannada sangha Muscat. Karnataka Legislative Assembly speaker Shri U T Khader was the chief guest for the day. Dr. Shanta Bhat was honored for her social services in the field of medicine by Gowri Mahila Mandal in their Annual meet which was held on 1st of February. Dr. Madhukeshwar G V delivered a talk and Dr. Kailash Pai presented a paper, at Orthopedic state conference, both receiving the certificate of appreciation for organizing KOA ICL 2024 at SIRSI. Dr. Jnanaprakash Karanth interacted in a Live broadcast in Zee Kannada News on 12th February, educating the public regarding Diabetes in women. Dr. Vinayak Subramanian was

awarded for completing 10km Marathon at Manipal in 1h 32mins. Dr. Swati Vinayak participated in half marathon Rotary Belagavi on 16th of February completing the event in 2h14mins. There were 64 new admissions to Rotary IMA PGH NICU from 20th November to 19th December.

Branch	: Tumkur
President	: Dr. K.P.S.Bhushan
Secretary	: Dr. Pradeep. P

Cervical cancer awareness week:22.01.2025, Cervical Cancer awareness talk and screening by PAP smear done at jaladhi multi speciality center. On 23.01.2025, cervical cancer screening at Aditi hospital Tumakuru. On 28.01.2025, an awareness program regarding cervical cancer screening by PAP smear and prevention through HPV vaccination was organized at Aryabharathi polytechnic college. Close to 150 students and 25 staff members were addressed and encouraged to get pap smear testing and vaccination done. Interactive session where many myths regarding vaccination were cleared. The students and staff were also sensitized regarding menstrual cup usage. Day 4, 29.01.2025, Talk on cervical cancer screening by PAP smear and prevention by HPV vaccination at Empress school Tumakuru. Interactive session attended by 300 students and 25 teachers. On30.01.2025, Talk on Cervical cancer screening by PAP smear and prevention by HPV vaccination was given by Dr. Sushma and Dr. Saba and Dr. Vatsala at Shridevi college of management studies for MBA students. DIGITAL HORIZONS- EMPOWERING GIRLS TO FLY IN THE CYBER SKY. On 24.01.2025, Dr.Sibanthi Padmanabha, Professor of Mass communication and Journalism at Tumkur University. He highlighted the positives of the internet world and also spoke about the different forms of cybercrime. The ones affecting the young children like cyber grooming, sextortion, identity theft were particularly enlightening. His words that INTERNET NEVER FORGETS NOR FORGIVES was a reminder to us parents to the perils our kids face.He also highlighted the tips we as parents and kids need to be aware to prevent ourselves from being victims to this new DISEASE spreading in our society.National Girl Child day: 24.01.2025, there was a ramp walk arranged for the beautiful young girls and boys who came twinning with their mothers. Followed by felicitation Miss. LaxmiGokul, winner,National Taekwondo competition at Khelo Bharat. She gave a motivational talk to our young girls and boys. National Girl Child day at NeleDwaraka Foundation. On 25.01.2025,As a part of National girl child day we wanted to reach out to the needy girl children and make a meaningful contribution to girl children in need.In this regard we visited NELE FOUNDATION in Tumakuru, which

is a home run exclusively for girl children. Currently they have around 38 girl children of different age groups, some orphans, some kids of single parents. We donated sports shoes to the kids as per their requirement. Dr. Hanumakka our senior EC member spoke to kids regarding general health and menstrual hygiene, the importance of education and needs for girls to become independent. Interacted with kids regarding their aspirations and hobbies. Dinner was arranged for the kids from IMA WDW. Republic day celebration at IMA Tumkur on 26-01-2025. On 30.01.2025 Free Medical Camp was organized at Haraluru. Covid Heroes on 30-1-2025, IMA Tumakuru held gathering of doctors and allied members in memory of COVID HEROS who served in the front line. We had a minute of silence in their memory.... Dr Pradeep, secretary and Dr. Prabhakar spoke about the cause of the meet and press release was given..their name by members. World Leprosy Day at District Hospital Tumakuru. On 30.01.2025, Leprosy day celebration in association with district hospital tumakuru Mrs. Noorunisa, District Session Judge was the inaugurated Jatha program. World Cancer Day was observed at Kotigegollahalli PHC on 04.02.2025. World Cancer Day was observed at Honnudike PHC. On 04.02.2025, Public awareness program conducted in association with IMA Tumakuru. On 05.02.2025, Medical Check-up camp was conducted at RTO office premises, Tumkur for Lorry and Auto drivers in association with RTO and Siddaganga Hospital on the occasion of Road safety saptaha. On 11.02.2025, launching of New Mahindra Cars: Dr. Bhushan K P S, President launched new Mahindra cars. On 12th & 13.02.2025 Medical Check-up camp was conducted at Mahakumbhemele, Prayagraj, UP. On 12th & 13th February, the IMA Tumkur City Branch and Karnataka State Chapter Association of Surgeons of India: Tumkur City branch, and ENT Association, Karnataka state branch organized a Free Medical Camp at Yogadham, MahakumbhMela, offering medical care, medicine distribution, preventive health guidance, and dietary counseling to devotees. Dr Vishwanath' cricket trophy Tournament: On 15-02-2025 & 16-02-2025 at Siddartha medical college and varin international school grounds tumkur. IMA hosted Dr Vishwanath's Cricket trophy, 8 teams all over Karnataka has participated in the tournament. On 16.02.2025 Bike Riding Skills were conducted. IMA WDW Tumakuru in association with BEYOND TARMACS had organized a BIKE RIDING WORKSHOP at Prudence international school Tumakuru. 10 super cool gals gifted themselves this day of self love and adventure where they learnt the basics of a bike, its Anatomy physiology and finally they learnt to ride one at the end of the day like a professional. They are all looking forward to their own bike and going on a tour some day.

Branch : Udupi-Karavli
President : Dr Suresh Shenoy
Secretary : Dr. Sharathchandra Rao

26.01.2025: Health camp: Mega health camp at Rajangana under the blessings of Swamiji, with the support of IMA Udupi Karavali, and woman doctors wing Badagubettu bank, lions club, scouts and guides, Kasturba hospital, Manipal, dental science AJ institute Mangalore. Dental tests, optometry, cancer screening, blood sugar and ECG was done. More than 46 ECG was done by Adarsha Hospital team. More than 200 blood sugar testing done by Amcare clinic team, 100 BMD test done. Cancer screening done for 40 people. More than 100 scouts and guides were present as volunteers. A session on Basic life support and first aid was conducted by Dr Suresh Shenoy, first aid trainer. 29.01.2025: Session on Adolescent health, hygiene and Child safety: Session on Adolescent health, hygiene and Child safety at Mount rosary English higher primary school by Dr Rajalakshmi. It was attended by 147 boys and 156 girls along with 12 teacher's Interactive session with a role play on good touch and bad touch by the students. 30.01.2025: Martyr's day: IMA doctors and woman doctor's wing celebrated Martyr's day as per the instruction of state. Dr Suresh Shenoy president of IMA Udupi celebrated in his clinic with his staff. 31.01.2025: Conducted an Awareness session on women's health and Cancer screening: IMA-UK Conducted an Awareness session on women's health and Cancer screening at Kalikamba mahila mandal Tenkanidiyoor. It was attended by 50 ladies and 10 students MSW students presented a skit on HPV vaccine. Swasth trophy: IMA doctors contributed for the Swasth trophy organized by the government workers. State level cricket tournament was arranged and given more than 140 nutritional kits to TB patients. 06.02.2025: Awareness session on Adolescent health: Awareness session on Adolescent health, hygiene and Child safety at Govt higher primary school Sagri Nole, Udupi in association with Rotaract club Udupi Attended by 95 students and 7 teachers. 07.02.2025 to 09.02.2025: On 7th, 8th and 9th February 2025, a stall was put up during Power Parba by IMA Udupi-Karavali and women's wing. Dr. Archana Bhaktha, Dr. Rajalaxmi, Dr Suresh Shenoy and others attended and BP and sugar checking was done and Bone density checking was done. 08.02.2025: CME IMA Udupi Karavali conducted CME at Update on HIV Management on 08.02.2025 at IMA Hall Udupi. Dr. Muralidhar Varma D. Dr. Praveen, Dr. Nithin Guptha Dept. of Infective Disease KMC Manipal were the speakers of the CME. 10.02.2025: Awareness event for children: An awareness event for children of alcoholics and laypeople councilor training was done in Baliga hospital with AV Baliga trust and hospital. More than 25 children of alcoholics attended.

More than 50 volunteers were trained. 10.02.2025 and 11.02.2025: cancer awareness week: Cancer awareness week was celebrated with District hospital. A jatha was arranged which was attended by more than 200 nursing students and staff. Cancer awareness talk was given by cancer specialists. 15.02.2025:Camp: Awareness session on Cancer screening and free breast examination and PAP smear camp at Manipura Udupi Attended by 80 students, 4 teachers and 50 members of self-help group Dr Rajalakshmi was the resource person. Dr Archana Bhaktha spoke on importance of cancer screening awareness. 16.02.2025:Monthly IMA meeting at IMA Bhavan Udupi. CME on Basics of ECG by our physician friends. It was very informative and useful for all. Arogya Vahini Program: IMA Udupi-Karavali members participated in Arogyavahini program in U channel Udupi.

Branch : Yelahanka
President : Dr.Shanthala Girish
Secretary : Dr. Padma Prakash

Our branch team is a blend of innovative scientific ideas & pro-society activities. We conducted a lot of programs where all member of our branch took active participation which is well appreciated. Today's children are tomorrow's citizens. Girl child is a blessing not burden, we must honor and empower them to fulfil their dreams. National girl's child day was celebrated on 24.1.2025 in association with women's wing at government general hospital Yelahanka. Slogan for 2025:EMPOWERING GIRLS FOR BRIGHT FUTURE; Around 50 Asha workers, THO, IMA president, secretary, EC members participated in the event. History, theme & significance BETI BACHAO, BETI PADHAO was elaborately updated. Prevention of fetal sex determination, female feticide, adequate nutrition, health & education, prevention of child marriages, legal help if needed to girl child were thought provoking. Asha workers play a key role in national health mission by reaching public & promote health awareness, assist in immunization drives. Asha workers were given 2000 pamphlets about girl child to distribute among public in nearby villages. Oath was taken by all the participants to save girl children. On 25.01.2025, is national voter's day all collectively took voter's pledge. On 26.01.2025 celebrated 76th REPUBLIC DAY at IMA Yelahanka office."ASK NOT WHAT YOUR COUNTRY CAN DO FOR YOU.... ASK WHAT YOU CAN DO FOR YOUR COUNTRY"Republic day is historic day as adoption of Indian constitution on January 26, 1950.Every citizen of India should inculcate patriotism & know about the rights, duties of citizens, equality and justice. Theme of 2025 republic day was "Golden India - Heritage and development". On 30-01-2025, we paid respect to COVID

MARTYRS (doctors, nurses and paramedical staff) who lost their lives during pandemic while rendering their service to the humanity which cannot be measured in any terms. Candles were lit to pay homage and one minute silence was observed for the departed souls. Our branch senior doctors Dr.Venkaatesh who was IMA President during COVID, Dr.Shankarnarayan had rendered their service by procuring masks & O2 concentrators & Dr.Suriraju had reserved his REGAL hospital beds for doctor's admission. Importance of becoming members of KSSS & KPPS was updated by Dr. Krishna Naik. Dr.Padma Prakash was member of KARNATAKA STATE COVID TASK FORCE committee and she has rendered service by giving free tele consultation to more than 1000 Covid positive patients through "Project Step One" an NGO later received Kannada Rajyostava award. On 09-02-2025, Cancer Awareness Programme conducted in association with WDW in association with Cyte care Hospital started around 6:30am near Allalassandra lake Yelahanka. Around 200 people participated in the event.Walkathon followed by ima prayer & yoga sessions by Mili breast cancer survivor treated by Dr.Puvamma breast onco surgeon cytecare Hospital was excellent. Dr.Shanthala Girish President spoke about Theme of 2025 world cancer day is UNITED BY UNIQUE importance of prioritizing individual experience in cancer care. She also insisted on healthy eating habits, regular physical exercises & yoga should start at early age. Doctors should take care of their health by getting regular health checkups done. Dr.Puvamma spoke about the importance of early detection, clinical signs and symptoms of cancer and when to approach the doctor and the outcomes of the treatment. Dr.Suriraju Hon. secretary IMA KSB updated about statistics of the cancer in India, evaluation and detection of the cancer, the importance of vaccination. Breast cancer survivors spoke about their personal experiences which was extremely motivating & inspiring to the public. Inner wheel, lion club members,&heritage apartment residents participated in the event. RBS, BP check, Ht. & Wt. Done to public. Free mammogram vouchers were distributed by Cytecare hospital. Vote of thanks done by Secretary Dr.Padma Prakash. Delicious breakfast amidst beautiful nature, Cool breeze & besties added flavor to the programme. On 17/2/25, National deworming day & anemia awareness day programme was conducted at Rajanukunte government school. Around 340 students participated. Importance of the above days were narrated by all doctors. Theme of deworming day 2025 is INVEST IN A HEALTHIER FUTURE FOR CHILDREN. Theme of anemia awareness day is RAISE YOUR HANDS FOR BLOOD HEALTH. Hematinics, multivitamin syrups, calcium tablets & syrups were distributed to children.



IMA KARNATAKA STATE
ANNUAL MEDICAL CONFERENCE
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91st KISHKINDA
MEDICON
2025

91st KISHKINDA
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Date 24th, 25th, 26th October 2025


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91st KISHKINDA MEDICON

Date 24th, 25th, 26th October 2025



Theme

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ಆರೋಗ್ಯ ;

ಎಲ್ಲರಿಗೂ, ಎಲ್ಲೆಡೆಗೂ



REGISTRATION TARIFF (INCLUSIVE GST)

	SINGLE DELEGATE	DOUBLE DELEGATE	SPOUSE (NON MEMBER)	PG
Extended to 30th April 2025	Rs. 5000/-	Rs. 9000/-	Rs. 3000/-	Rs. 3500/-
1st May - 30th June 2025	Rs. 6000/-	Rs. 11000/-	Rs. 4000/-	Rs. 3500/-
1st July - 24th October 2025	Rs. 7000/-	Rs. 12000/-	Rs. 5000/-	Rs. 3500/-
Spot Registration	Rs. 8000/-	Rs. 14000/-	Rs. 6000/-	Rs. 3500/-



IMA KSSS



IMA'S KARNATAKA SOCIAL SECURITY SCHEME

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Fee for Silver Jubilee Scheme	Rs. 20700/-	Rs. 22700/-	Rs. 24700/-	Rs. 31700/-	Rs. 38700/-	Rs. 47200/-	Rs. 57700/-

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Kindly visit our website- www.imakssshubli.org

IMA House, Bailappanavar Nagar, Hubballi-29 Phone no. 0836-235 56 56



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- The member is requested to be in constant touch with the advocate and the office during the course of all the legal proceeding against him.
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- Keeps your assets safe
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Chairman
M. 9448237145

Dr. S.M. Prasad

Hon. Secretary
M. 9845105122

Dr. A.Vijayasaradhi

Hon. Treasurer
M. 9535156734

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Age in Yrs	Admission Fee. For members / Spouse / Parents / Children (AF)	Annual Membership Subscription (AMS)	Annual Advance Premium Contribution (AAPC)	Total Amount. During Admission including 18% GST at the time of joining (1st Year)	Annual premium including 18% GST to be paid irrespective of Insurance claim (2nd Year onward) AMS+AAPC
Children Below 25 Yrs	Rs. 700.00	Rs.500.00	Rs.2500.00	Rs. 3700.00 + 666 = 4366	3000 + 540 = 3540/-
Below age of 35 Yrs But above 25 Yrs	Rs. 700.00	Rs.500.00	Rs.3500.00	Rs. 4700.00 + 846 = 5546/-	4000 + 720 = 4720/-
Below age of 45 Yrs But above 35 Yrs	Rs. 1000.00	Rs.500.00	Rs.4500.00	Rs. 6000 + 1080 = 7080/-	5000 + 900 = 5900/-
Below age of 55 Yrs But above 45Yrs	Rs. 1650.00	Rs.500.00	Rs.5500.00	Rs. 7650.00 + 1377 = 9027/-	6000 + 1080 = 7080/-
Below age of 65 Yrs But above 55Yrs.	Rs. 2350.00	Rs.500.00	Rs.6500.00	Rs. 9350.00 + 1683 = 11033/-	7000 + 1260 = 8260/-
Below age of 75 Yrs But above 65Yrs	Rs. 3100.00	Rs.500.00	Rs.7500.00	Rs. 11100.00+ 1998 =13098/-	8000 + 1440 = 9440/-
Below age of 85 Yrs But above 75Yrs	Rs. 3800.00	Rs.500.00	Rs.8500.00	Rs. 12800.00 + 2304 = 15104/-	9000+ 1620 = 10620/-

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- All the Regular members and beneficiary members below the age of 60 on joining shall have the benefit of the scheme after 12 months of joining the scheme.
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- NO CASHLESS SERVICE (Members have to pay their bills themselves & claim later). It is a reimbursement.
- No advance payment will be made to the members.
- Members will be given reimbursement of 75% of total amount of the bill not exceeding the sum limited to each disease.
- If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.
- A member will get a maximum of benefit of Rs.2 Lakhs in one year.

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094481 45035

Secretary
Dr Madhusudhan K N
094481 40003

Treasurer
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99456 05974

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Printed by M.S. Kamala, Published by Dr. Suriraju V. on behalf of or owned by India Medical Association and Printed @ Padmashree Printers, No, 123, 1st 'K' Block, Dr. Rajkumar Road, Rajajinagar, Bangalore - 560 010, and Karnataka State Branch, IMA House, Near IMA Circle, Alur Venkata Rao Road, Chamarajpet, Bangalore - 560 018 Editor **Dr. S.M. Prasad**



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